

Name:		(pl write your name in CAPITAL LETTERS)			
Age:	yrs	Male/Female	Mobile:	E-mail:	
1	Weight	kg			
2	Height	foot/inch			
3	Hair	Short	Bald/Light	Dark	
	Colour	Grey	Brown/ Premature grey	Black	
	Look	Curly	Straight	Straight	
	Dry/Oily	Dry / Rough	Soft / Oily	Very soft / Very oily	
	Growth	Slow	Normal	Fast	
	Overall	Thin,Spilt hair	Normal	Thick/Dense	
4	Teeth	Crooked	Normal/even	Large/even	
5	Nails	Brittle/straight lining	Soft/without lining	Hard/Thick/Pinkish	
6	Skin	Cold	Slightly warm	Normal tem.	
		Dry & Rough, wrinkled	Mole, freckles etc	Soft, smooth, stain free	
7	Where are fat deposits	Around waist	Evenly distributed	Around thighs and hips	
8	Sleep	Disturbed/Light	Normal/Short	Long/Deep/Any time	
9	Appetite	Irregular	Strong	Regular	
	How many time you eat?	Irregular	4 time(with breakfast)	2-3time(with breakfast)	
	which food you like	changeble	sour, spicy food	sweets, chocolate, heavy food	
10	Stool	Dry,Painful	Normal	Soft,sometimes sticky	
	Howmany time ?	less>1 time,irregular	1-2 time,regular	more < 2 time	
11	Urine	Little	Normal	Normal	
	Howmany time ?	less> 7-8 time	7-8 time	more < 8time	
12	Sweat	sometimes	Excessive, foul sometime	Normal	
13	Work style	Fastly	Technical, Logical, Agresive	Slowly	
14	Memory	Fast to grasp, but not for a long time	Normal	Slow to grasp but long term memoy	
15	Would you like?	Travel, Art, like often changes in life	Sports, Politics, fashion jewellery & cloth, perfume, movies and parties	Business, Quite place, yoga, don't like fast changes in life	
	Total				

